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A GUIDE TO NEW BIRTH

FOR PARENTS

THE PURPOSE OF NEW BIRTH

New birth provides someone who is far from God salvation, forgiveness of sins and new life through Jesus. (Ephesians 2:1-18)

THE PATTERN OF NEW BIRTH

REPENT (TURN)

To receive new birth, you need to repent. To repent means that you turn from sin and trying to be good on your own and turn to God to receive forgiveness and salvation. (Mark 1:14-15)

BELIEVE (TRUST)

To receive new birth, you need to believe. To believe means that you trust in something or someone with your whole heart. You must believe the gospel, or good news, that God sent Jesus to save everyone who repents and believes in Him. And, you must trust in Jesus the King, Savior and Lord. (John 3:16)

CONFESS (TELL)

*To receive new birth, you need to confess. To confess means to say something out loud. You must tell God you believe that Jesus is Savior and Lord, and you believe that God raised Jesus from the dead after He died on the cross.
(Romans 10:8-10)*

Everyone needs to believe the gospel to receive new birth. Here is a good definition of the gospel:

The gospel is the good news that God became man in Jesus Christ. He lived the life we should have lived and died the death we should have died—in our place. Three days later, He rose from the dead, proving He is the Son of God and offering the gift of salvation and forgiveness of sins to anyone who repents and believes in Him.

Use this prayer as an example of how to lead someone to repent (turn), believe (trust) and confess (tell):

Lord Jesus, I admit I am a sinner. I know my sin keeps me far from God. I know I need a Savior and believe You are the Savior sent by God the Father to save me. You lived a sinless life. You died on the cross as a sinless sacrifice to pay the price for my sins. I believe God the Father raised You from the dead to provide new life for me. I repent of my sins, turn to You, place my trust in You and receive Your forgiveness and cleansing. I confess You as my Savior, Lord and King. Thank You for saving me, forgiving me and giving me new birth and eternal life. I will follow You all the days of my life. In Your name, Lord Jesus, amen.

THE PROCESS OF MINISTERING NEW BIRTH

The following is a helpful guide in leading someone to new birth in Jesus:

1 USE THE S.A.L.T. PRINCIPLE

- **START A CONVERSATION.** Whether it is with a neighbor, friend, classmate or teammate, great things can happen when you start a gospel conversation.
- **ASK QUESTIONS & LISTEN.** When you ask people questions and listen to them, it tells them that you are interested in what they think and what they believe. When you care enough about others to listen to them, they will usually listen to what you have to say.
- **TELL THE STORY.** First, tell God's story. That is the good news that God sent Jesus to save everyone who repents and believes in Him. Then, tell your story—the way the good news of Jesus Christ's love and power has changed your life. By sharing your story, you show what God's power can do.

2 LEAD

If the person understands their need for new birth through Christ Jesus, lead them in prayer, helping them to repent, believe and confess. Use the prayer found in this guide.

3 HELP

Help them take next steps in being baptized in water and baptized and filled with the Holy Spirit.

4 ENCOURAGE

Encourage them to find their way into a good church family where they can be loved, cared for and disciplined to grow as a follower of Jesus.